

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ferdi Van Wijk**

Has successfully participated & completed the  
**17km FRESH Kaapsehoop Mountain Ultra**  
held at Kaapsehoop Horse Trails.

**TIME 04:21:15**

**PACE 15:21/km**  
**OVERALL 72 of 78**

**GENDER 32 of 35**  
**< 50 11 of 12**

12 August 2023, Sat

Date



*BoutTime*

Signature

